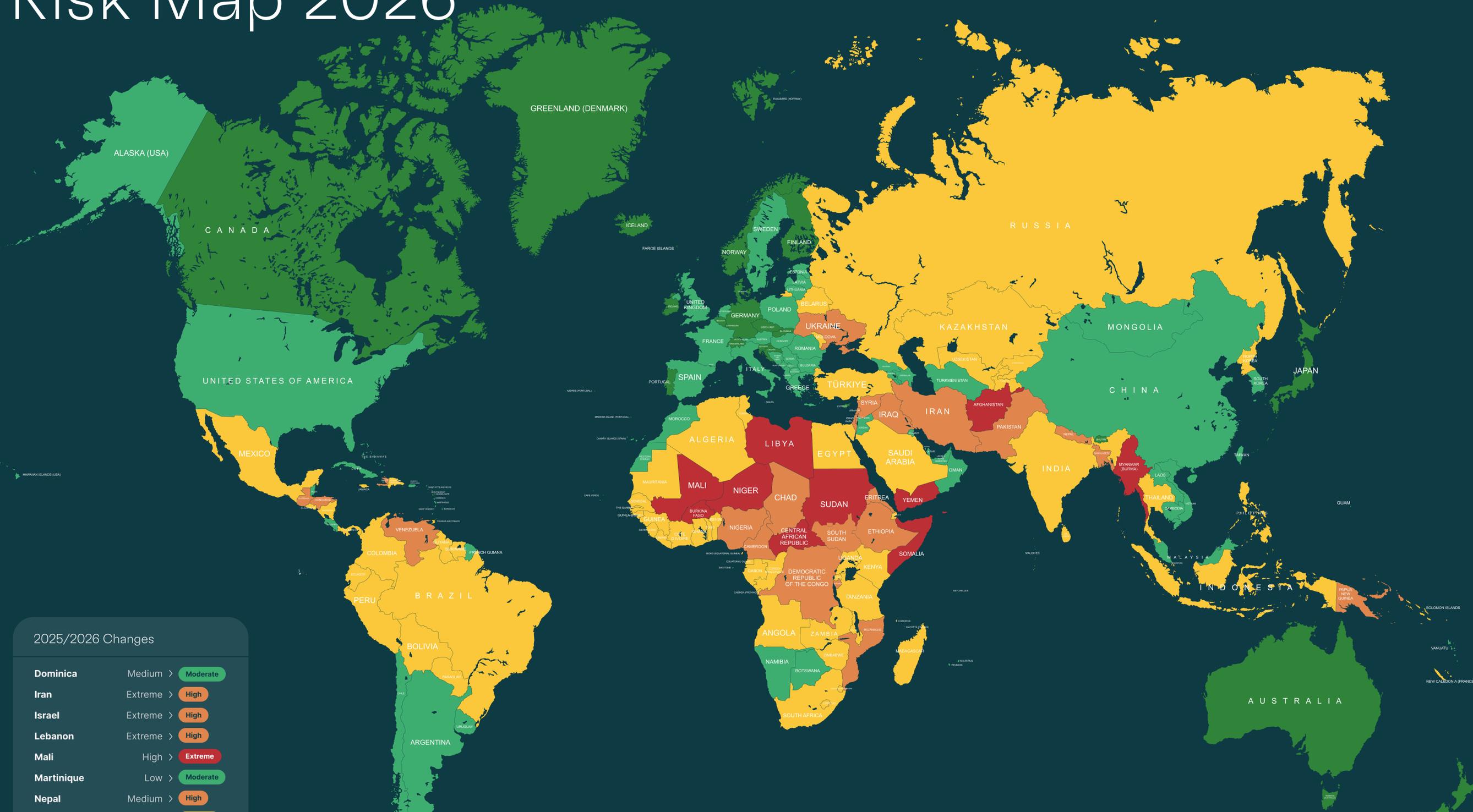
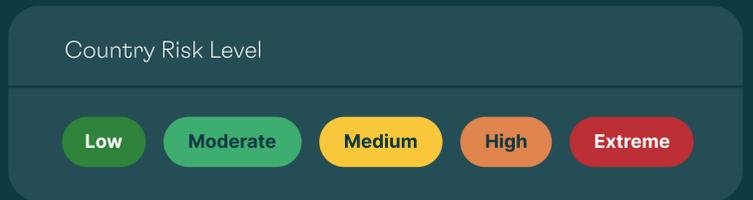


# Risk Map 2026



## 2025/2026 Changes

Dominica	Medium >	Moderate
Iran	Extreme >	High
Israel	Extreme >	High
Lebanon	Extreme >	High
Mali	High >	Extreme
Martinique	Low >	Moderate
Nepal	Medium >	High
New Caledonia	High >	Medium
Saudi Arabia	Moderate >	Medium
Syria	Extreme >	High
Turkmenistan	Medium >	Moderate
West Bank & Gaza	Extreme >	High



## Top 10 Countries

Least safe	Difficulty of Travel
1 Afghanistan	1 Myanmar
2 Myanmar	2 North Korea
3 Pakistan	3 Afghanistan
4 South Sudan	4 Papua New Guinea
5 Sudan	5 Libya
6 Ukraine	6 Somalia
7 Haiti	7 Mali
8 Venezuela	8 Haiti
9 Ecuador	9 Venezuela
10 Somalia	10 Guyana

## Worst for health & medical care

- 1 Afghanistan
- 2 Papua New Guinea
- 3 Central African Republic
- 4 South Sudan
- 5 Syria
- 6 Yemen
- 7 Haiti
- 8 Venezuela
- 9 Guyana
- 10 Democratic Republic of Congo

## Top 10 Cities

Least safe	Safest
1 Kabul	1 Singapore
2 Quetta	2 Perth
3 Port Moresby	3 Abu Dhabi
4 Dili	4 Bern
5 Mogadishu	5 Reykjavik
6 Khartoum	6 Munich
7 Goma	7 Ottawa
8 Port-au-Prince	8 Montevideo
9 Caracas	9 Tokyo
10 Guatemala City	10 Vancouver